

50 Conversation Starters: Questions

Kids may want to make new friends but don't know how, or they worry about saying the "wrong" thing. Having a set of go-to conversation starters can ease that pressure. These questions provide kids with a safe, friendly, and engaging outlet to express themselves while building confidence.

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Getting-to-Know-You

1. Do you have any pets?
2. Do you have brothers or sisters?
3. What grade are you in?
4. When is your birthday?
5. Do you play any musical instruments?
6. What's your favorite school lunch?
7. Do you ride the bus, walk, or get a ride to school?
8. What do you usually do after school?
9. What do you like to do on weekends?
10. Do you like to get up early or sleep in?

Creative and Imaginative

31. If you could have any superpower, what would it be?
32. If you could invent a new toy, what would it be?
33. If you could be any animal, which would you choose?
34. What would your perfect day look like?
35. What's the silliest thing you've ever done?
36. If you could switch places with anyone for a day, who would it be?
37. If you could design your own video game, what would it be about?
38. If you could create a new holiday, what would it celebrate?
39. If you could go anywhere in the world, where would you go?
40. If you could live in any time period, which would you pick?

Favorites

11. What's your favorite food?
12. What's your favorite subject in school?
13. What's your least favorite subject?
14. What's your favorite movie or TV show?
15. Do you have a favorite book or series?
16. What sport or game do you like best?
17. What's your favorite holiday?
18. Do you like video games? Which ones?
19. What's your favorite song or band?
20. Who's your favorite superhero?
21. Do you have a favorite ice cream flavor?
22. What's your favorite color?
23. Who's your favorite athlete or sports team?
24. Who's your favorite teacher and why?
25. What's your favorite joke?

Friendship-Building

41. What makes you laugh the most?
42. What's the best gift you've ever gotten?
43. What do you and your best friend like to do together?
44. Who do you usually sit with at lunch?
45. What's something you're really good at?
46. What's something that always makes you smile?
47. What do you think makes someone a good friend?
48. What's one thing you and I might have in common?
49. What's your favorite memory with a friend?
50. What's one thing you'd like to try with a friend this year?

Playground and Fun

26. Want to play basketball/soccer/tag?
27. Do you like swings or slides better?
28. What's your favorite thing to do at recess?
29. Do you like climbing or running more?
30. What game should we try next?

50 Conversation Starters: Statements

Sometimes it helps to start with a statement instead of a question.

These phrases invite others in, share something about yourself, or open the door to connection without putting someone on the spot.

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For Making New Friends

1. I noticed you were good at ____ today.
2. I like how you did ____ in class/recess today.
3. Something funny happened to me...
4. I was thinking about our trip (or school, playground, etc.) and remembered ____.
5. My favorite part of the day so far is ____.
6. I like your ____ (shoes, backpack, drawing, etc.).
7. Here's one idea: let's try doing ____ together.
8. I've been working on ____; it was hard/fun.
9. When I look at ____, I feel excited because ____.
10. I just read/learned something interesting: ____.
11. I had a really interesting thought today: ____.
12. I appreciate how you ____.
13. I've been trying to come up with a new idea for ____, want to hear it?
14. I imagine if we were ____, we would ____.
15. It's fun when we ____ together.
16. I liked how you helped with ____.
17. I just started watching/playing/reading ____, and it's really cool.
18. My favorite song right now is ____.
19. I brought ____ to share.
20. I discovered I'm getting better at ____ lately.
21. I thought it was cool when you ____.
22. I can't stop laughing about ____!
23. My favorite game to play is ____.
24. I was nervous about ____, but it turned out okay.
25. You're really good at ____.

For Building Existing Friendships

26. I drew something today that I want to show you.
27. My favorite thing about lunch today was ____.
28. I just finished reading/watching ____, and it was awesome.
29. I've been practicing ____, and it's getting easier.
30. My favorite holiday is coming up—I can't wait for ____.
31. You always make me laugh when you ____.
32. My pet (or imaginary pet) does the silliest thing...
33. I like how you always remember ____.
34. My favorite part of school is ____.
35. I noticed the weather today feels like ____.
36. I thought of a new game we could invent: ____.
37. I really enjoy when we ____ together.
38. I'm excited for ____ that's coming up.
39. I remember when we ____—that was fun.
40. You're one of the best people to ____ with.
41. I had a challenge today with ____, but I figured it out.
42. The funniest thing I saw today was ____.
43. I really admire how you ____.
44. My favorite snack right now is ____.
45. I just learned a new skill: ____.
46. I'm looking forward to ____.
47. My favorite thing about this week so far is ____.
48. I thought it was kind when you ____.
49. I was thinking about you today because ____.
50. I'm happy we're friends because ____.

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For Kids

The Artie & Brain ADHD Animated Series

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- Laugh & Learn
- Research-based strategies
- Discussion prompts
- Worksheets for reinforcement



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- Research-based strategies
- Discussion prompts
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